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# The Counseling Pastor

By Dr. Marty Herron

Central Africa Baptist College

PO Box 21891, Kitwe, Zambia

Phone: 097-741-5011

[www.cabcollege.org](http://www.cabcollege.org)    [info@cabcollege.org](mailto:info@cabcollege.org)

# **INTRODUCTION TO COUNSELING**

Dr. Marty Herron  
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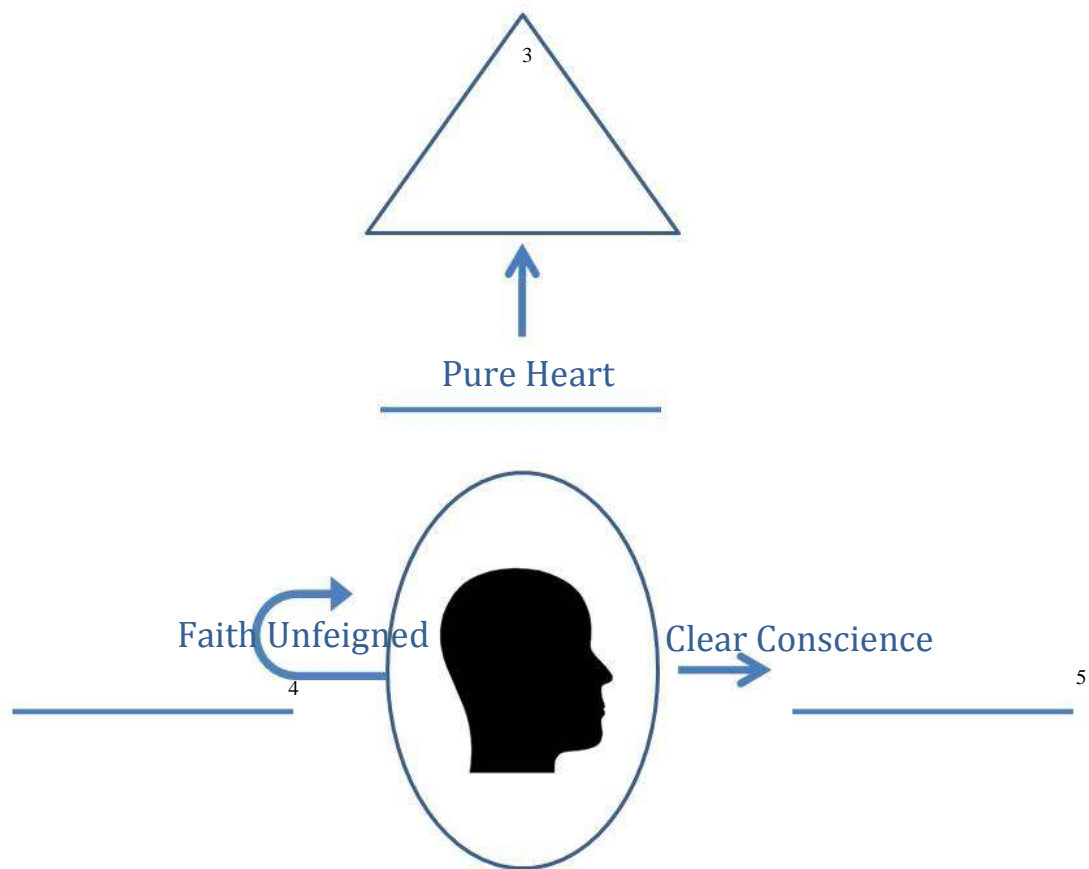
# The Life of the Counselor

The counselor's godly life is the most important element in effective counseling.

## I. Primary Motive in Counseling (I Timothy 1:5)

A. \_\_\_\_\_<sup>1</sup> of love: unconditional love (I Corinthians 13)

B. \_\_\_\_\_<sup>2</sup> of love: three avenues



A message prepared in the mind reaches minds. (Thinking)

A message prepared in the heart touches the heart. (Feeling)

A message prepared in the life reaches, changes and \_\_\_\_\_<sup>6</sup> another life. (Being)



## II. Proper Method in Counseling

A. Investing your life into others:

1. \_\_\_\_\_<sup>7</sup>(vs. 9)

2. \_\_\_\_\_<sup>8</sup> (vs. 10)

3. \_\_\_\_\_<sup>9</sup> (vs. 11)

a. Exhort: \_\_\_\_\_<sup>10</sup>

b. Comfort: \_\_\_\_\_<sup>11</sup>

c. Charge: \_\_\_\_\_<sup>12</sup>

B. Result: \_\_\_\_\_<sup>13</sup> (vs. 12)



# Categorizing Counseling

The study of counseling can be organized in many ways. These four major categories can be defined technically from broad to specific terms.

## I. Setting

There are two divisions of settings:

- |    |       |    |    |    |       |    |
|----|-------|----|----|----|-------|----|
| A. | _____ | 14 | →← | B. | _____ | 15 |
| 1. | _____ | 16 |    | 1. | _____ | 17 |
| 2. | _____ | 18 |    | 2. | _____ | 19 |

## II. Time

Time spent helping the counselee is measured in relation to the length of a problem.

- |    |   |    |
|----|---|----|
| A. | _____   | 20 |
| 1. | Bible examples:   |    |
|    | <ul style="list-style-type: none"><li>• Jesus with the disciples (Matthew 10; Luke 6:13-49)</li><li>• Jesus with the little children (Luke 18:15-17)</li><li>• Timothy with his grandmother Lois (II Timothy 1:5)</li></ul> |    |
| 2. | This can also be accomplished through various ministries:   |    |
|    | <ul style="list-style-type: none"><li>• Camps</li><li>• VBS</li><li>• AWANA</li><li>• Bible Memory Club</li></ul>   |    |
| B. | _____   | 21 |
| 1. | Bible examples:   |    |
|    | <ul style="list-style-type: none"><li>• The woman at the well (John 4:6-29)</li><li>• Mary Magdalene (Luke 8:2; Mark 16:9)</li><li>• Saul (Acts 8:3; 28:30-31)</li></ul>  |    |



2. Ministries that can help:

- Victory Homes
- Camps
- Jail Ministries
- Children's Home
- Rescue Missions

### III. Professions

There are professions and terms with which one should be familiar in the area of counseling.

A. Professions

1. \_\_\_\_\_<sup>22</sup>: a doctor of medicine who deals with mental disorders.
2. \_\_\_\_\_<sup>23</sup>: a person specializing in the study of mental disorders and behavior.

B. Terms

1. Free \_\_\_\_\_<sup>24</sup>: relates thoughts, feelings, and habits with specific words or material.
2. Psychotic: loss of contact with \_\_\_\_\_.<sup>25</sup>
3. Psychotherapy: a form of \_\_\_\_\_<sup>26</sup> for mental disorders.

### IV. Approaches

A. There are three general types of approaches:

1. \_\_\_\_\_<sup>27</sup>

Three characteristics:

- a. Counselee does almost all the \_\_\_\_\_.<sup>28</sup>
- b. Counselee \_\_\_\_\_<sup>29</sup> upon his own problem.
- c. Counselee finds his own \_\_\_\_\_.<sup>30</sup>



2. \_\_\_\_\_<sup>31</sup>
  - a. Counselor does almost all the talking.
  - b. Counselor \_\_\_\_\_<sup>32</sup> points out the problem.
  - c. Counselor very pointedly gives his \_\_\_\_\_<sup>33</sup>.
3. \_\_\_\_\_<sup>34</sup>
  - a. Counselee and counselor \_\_\_\_\_<sup>35</sup> in counseling conversation.
  - b. Counselor helps counselee to \_\_\_\_\_<sup>36</sup> the problem.
  - c. Counselor assists counselee in finding and responding to the \_\_\_\_\_<sup>37</sup> (I Thessalonians 2:12).

(Materials taken from "Counseling Teens" by Dr. Wayne Haston)

#### B. Five specific examples of Counseling Practices

	Founder	Method	Premise	Solution
1.	Psychoanalyst (_____) <sup>38</sup>	Pick (Directive)	_____ <sup>39</sup>	Resocialize
2.	B _____ <sup>40</sup> M _____	Bone (Man is an animal)	Environment's fault	_____ <sup>41</sup>
3.	R _____ <sup>42</sup> (Carl Rogers)	Mirror	Failure to live up to potential	_____ <sup>43</sup>
4.	R _____ <sup>44</sup> T _____ (William Glaser)	Syrup	No absolute	_____ <sup>45</sup>
5.	B _____ <sup>46</sup>	Balanced	_____ <sup>47</sup>	Repentance

#### C. Three Elements of Truth

1. Freud: The past \_\_\_\_\_<sup>48</sup> effect a person's action.  
Examples: Adam, Jacob with Esau, David with Bathsheba
2. Skinner: Environment \_\_\_\_\_<sup>49</sup> have influence over man.



Example: Lot (II Peter 2:7-8)

3. Rogers: Man is responsible.

Example: Hebrews 9:27

D. Three Key Significant Counseling Principles

1. The counselor \_\_\_\_\_, <sup>50</sup>God \_\_\_\_\_ <sup>51</sup>and changes.

(Romans 12:1; 15:14)

2. Bible counseling is listening to a person until a Bible \_\_\_\_\_ <sup>52</sup>comes to mind.

- P \_\_\_\_\_ <sup>53</sup>
- P \_\_\_\_\_ <sup>54</sup>
- P \_\_\_\_\_ <sup>55</sup>

3. Romans 15:14 – 3 Biblical Requirements for Counseling

- a. “Filled with goodness”
- b. “Filled with knowledge”
- c. “Able also to counsel”

**Conclusion:** The Bible is the authority. II Timothy 3:16 says, “All Scripture is given by inspiration of God, and is \_\_\_\_\_ <sup>56</sup> for doctrine, for reproof, for correction, for instruction in righteousness.”

- 1. Doctrine: Shows you the \_\_\_\_\_ <sup>57</sup> path.
- 2. Reproof: Shows you \_\_\_\_\_ <sup>58</sup> you failed.
- 3. Correction: Shows you \_\_\_\_\_ <sup>59</sup> to get back on track.
- 4. Instruction: Shows you how to \_\_\_\_\_ <sup>60</sup> on the right path.





# First Steps in Counseling

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The most miserable person is not the unsaved or the sold-out Christian, but the carnal Christian. He can't enjoy either the world or the Christian life. The first step in counseling this individual is to help him examine the reasons for doubting his salvation.

## I. Reasons for Doubting Salvation

A. \_\_\_\_\_<sup>61</sup> about childhood decisions.

I John 5, John 3:36; Matthew 18:3; II Timothy 3:15

B. \_\_\_\_\_<sup>62</sup> sin.

Psalm 51:10-12; 66:18; Proverbs 28:18

C. \_\_\_\_\_<sup>63</sup> life patterns.

II Peter 2:10; I John 3:3; Jude 8

D. \_\_\_\_\_<sup>64</sup> from past failures.

Philippians 3:13-14; II Peter 1:10; I John 1:9

E. \_\_\_\_\_<sup>65</sup> conflicts.

Psalm 66:18; Matthew 18; Hebrews 12:15

F. \_\_\_\_\_<sup>66</sup> in adding to their faith.

Ephesians 4:14, 15; Hebrews 5:13, 14; II Peter 1:5

G. \_\_\_\_\_<sup>67</sup>

Matthew 18:12-14; Luke 13:3; II Corinthians 13:5

## II. Three Questions to Answer

A. What comes to mind when you are asked, "What are you trusting in?"

B. Do you think that getting saved will change everything (habits, struggles, etc.)?

C. Are you believing on the Lord Jesus, not just in Him?



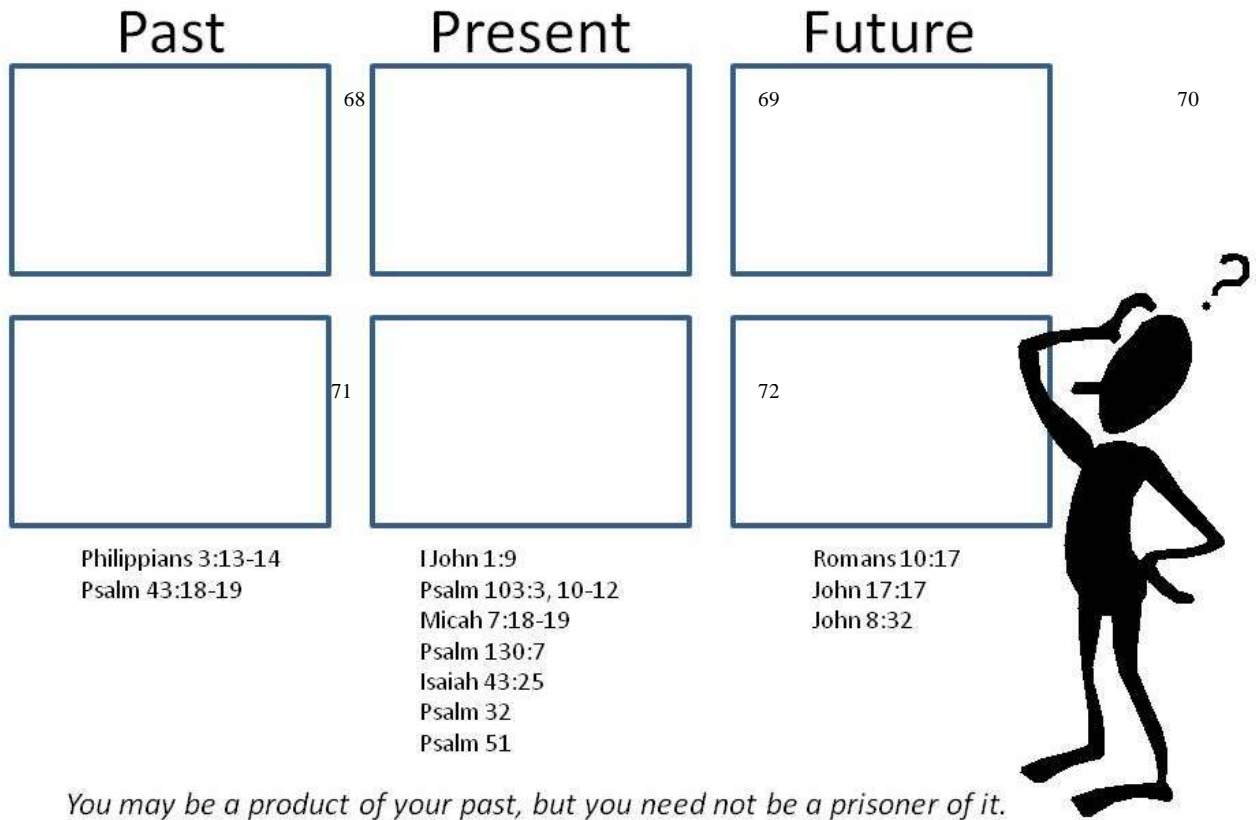
### III. Ten Evidences of Salvation

- A. Old things pass away; all things become new (changed). II Corinthians 5:17
- B. God chastens us; we can't get away with sin. Hebrews 12:6
- C. Don't love the things of the world: pride of life, lust of the flesh, lust of the eyes.  
1 John 2:15
- D. Desire to please God and do His will; not contrary to His Word. I John 2:17
- E. Holy Spirit tells us spiritually (dwells in us) we can read the Bible and understand.  
I John 2:20
- F. We can't continually and habitually sin. I John 3:9
- G. Do you love to be with other Christians? I John 3:14
- H. Do you show love for the brethren? I John 3:14
- I. Do you get your prayers answered? I John 3:22; I John 5:14
- J. The Spirit tells you; are there conflicts or comforts? I John 3:24



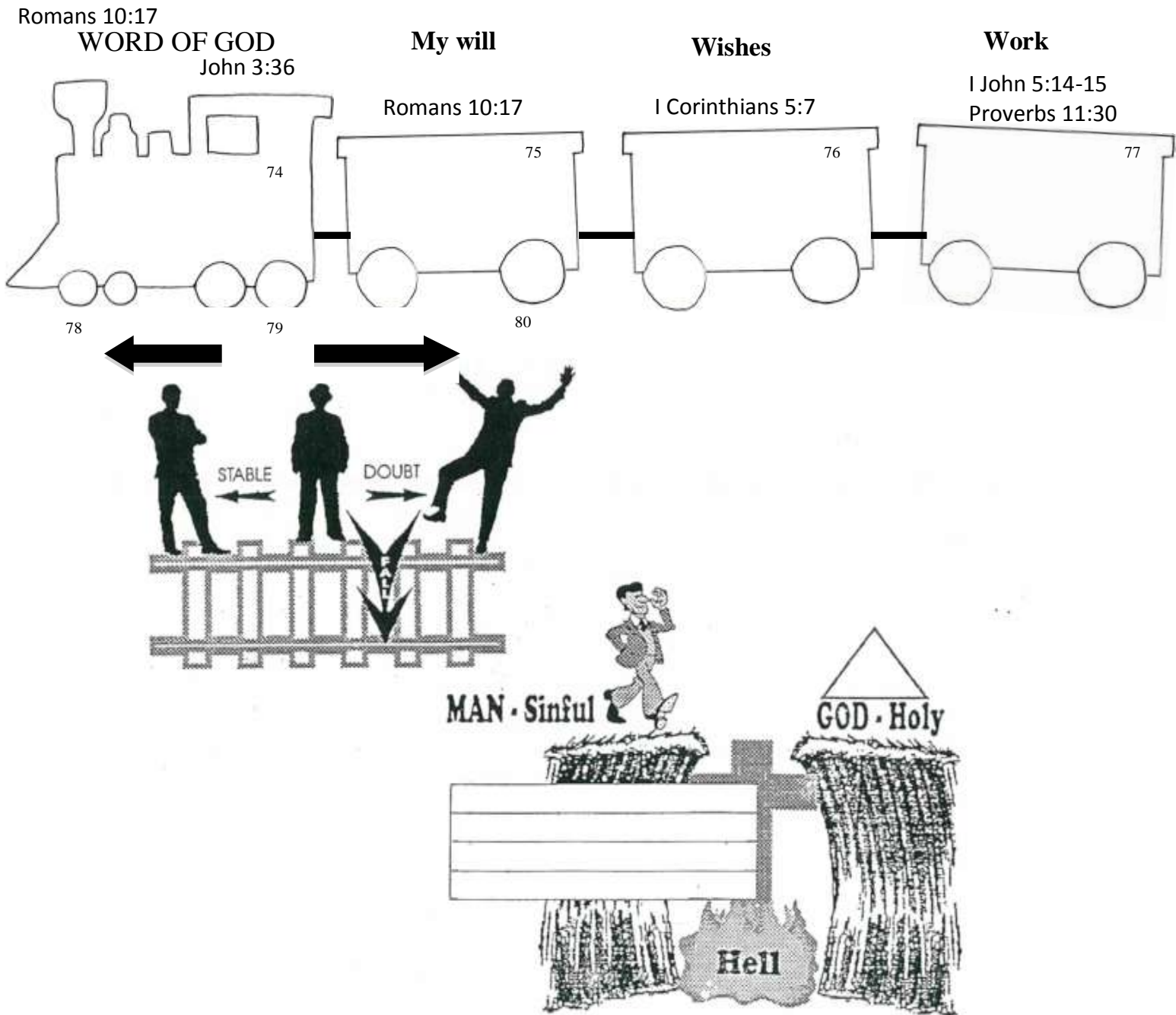
# Tools in Counseling

How often as Christians we make spiritual decisions but find ourselves failing time after time. The confusion and frustration lead us to a point where we don't want to make another decision.



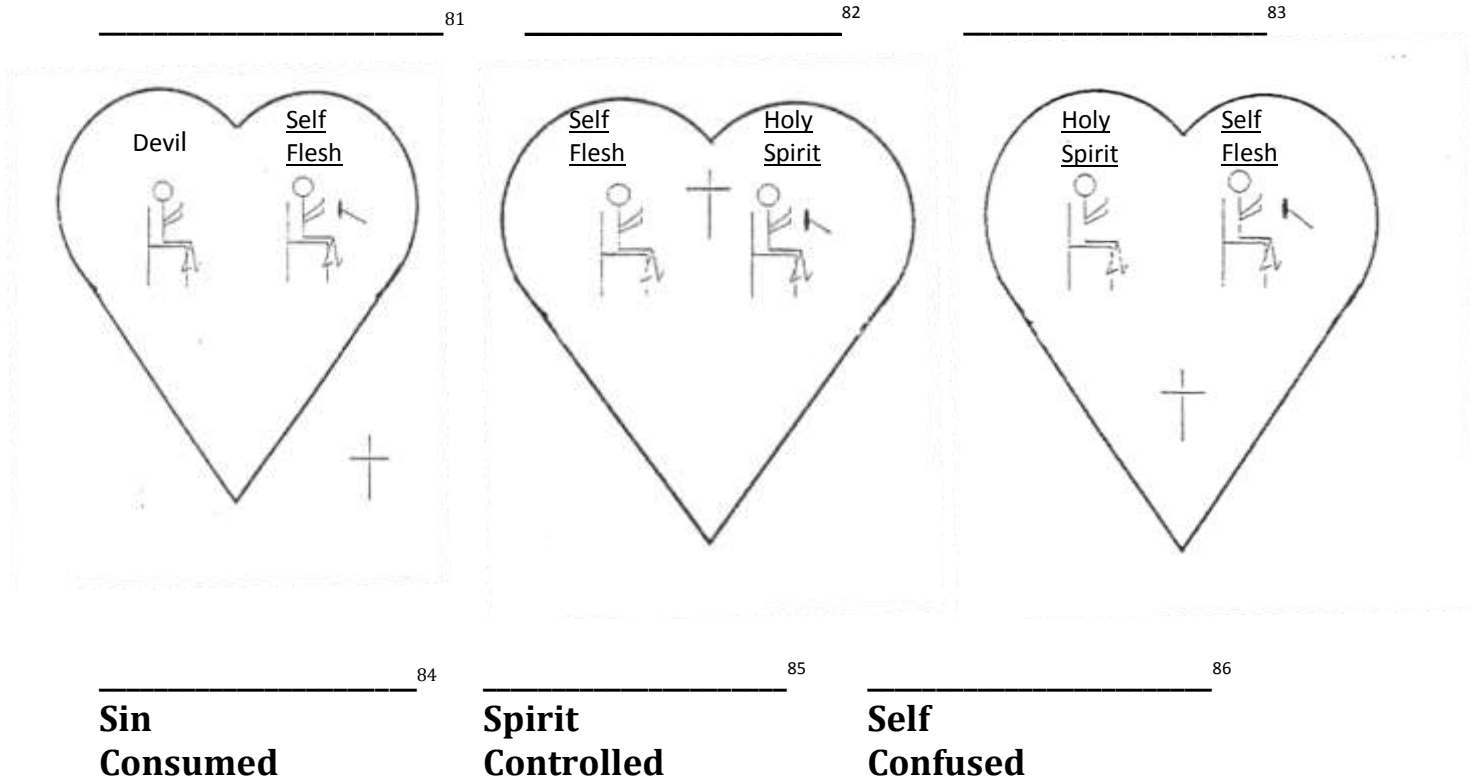
# Tools for Counseling

Introduction: You cannot run on feelings or fruit (good works), but rather you must run on facts or faith. Remember, "feed your faith and your doubts will starve!"



# Identifying Man

Paul addressed the people of Corinth encouraging them to examine their hearts. He identifies three spiritual conditions in I Corinthians 2:14-3:9. Let's look at these three portraits.



Conclusion: God's desire is for every man to be saved. He is "not willing that any should perish, but that all should come to <sup>87</sup>" (II Peter 3:9).



# A Biblical Overview of Guilt

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## I. Evidences

- A. \_\_\_\_\_<sup>88</sup> others (I Samuel 15:15; Genesis 3:12-13)
- B. \_\_\_\_\_<sup>89</sup> self (I Samuel 15:20; Genesis 3:9-11)
- C. \_\_\_\_\_<sup>90</sup> (I Samuel 15:24)
- D. \_\_\_\_\_<sup>91</sup> (I Samuel 15:25-28)

## II. Consequences

- A. Physical \_\_\_\_\_<sup>92</sup> (Psalm 51)
- B. Depression
- C. Lack of \_\_\_\_\_<sup>93</sup> (I John 3:21)
- D. \_\_\_\_\_<sup>94</sup> self.

“Some people attempt to deal with their guilt by beating themselves to death emotionally.”

- E. Does good \_\_\_\_\_<sup>95</sup>.

## III. Solution

- A. Identify the cause of \_\_\_\_\_<sup>96</sup>.
- B. As far as possible, restore all personal \_\_\_\_\_<sup>97</sup>.
- C. Realize \_\_\_\_\_<sup>98</sup> for sin is complete (Colossians 2:13; Psalm 32:1-3).

Because God demands a payment,

He is proven to be holy.

Because God delivers the payment,

He is proven to be loving!



# The Triumph Over Temptation

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Is any man above temptation? Christ Himself was tempted. How valuable would an opposing coach's playbook be to your team? Satan's plan of attack hasn't changed much. We can make four observations from the temptations of Christ in Matthew 4:1-11.

## I. The \_\_\_\_\_<sup>99</sup> of attacks (temptations).

A. Conditions of physical \_\_\_\_\_<sup>100</sup> (Matthew 4:1).

Four high risk times for temptation:

1. H\_\_\_\_\_<sup>101</sup>  
Esau with pottage (Genesis 25:30)  
Jonathon with honey (I Samuel 14:27)
2. A\_\_\_\_\_<sup>102</sup> (Ephesians 4:26; Ecclesiastes 7:9)  
Moses with the Egyptian (Exodus 2:11-12)  
Jonah (Jonah 4:1, 9)  
Joseph's brothers (Genesis 45:5)
3. L\_\_\_\_\_<sup>103</sup>  
David at the palace (II Samuel 11:1)  
Joseph at the palace (Genesis 39:10-11)  
Elijah under the tree (I Kings 19:4)
4. T\_\_\_\_\_<sup>104</sup>  
Samson with Delilah (Judges 16:16-20)

B. Conclusion of spiritual \_\_\_\_\_<sup>105</sup> (Matthew 3:13-4:1; I Kings 19).

C. Commencement of spiritual \_\_\_\_\_<sup>106</sup> (Matthew 4:18; Nehemiah 4).

## II. The \_\_\_\_\_<sup>107</sup> of appeals (1 John 2:16; Genesis 39).

What are the three types of temptation?

A. Lust of the flesh (vs. 3); appeal of \_\_\_\_\_<sup>108</sup>

Morals: desire to do (Eve: Genesis 3; Joseph: Genesis 39)

B. Pride of life (vs. 6); appeal to \_\_\_\_\_<sup>109</sup>

Motives: desire to be (Matthew 4:6)

C. Lust of the eyes (vs. 8); appeal of \_\_\_\_\_<sup>110</sup>



Money: desire to have (Matthew 4:8-9)

### III. The telltale symptoms (Genesis 3:1-6).

Watch for three areas Satan will attack.

- A. D\_\_\_\_\_ <sup>111</sup> arise about God's love.

Christ quotes Deuteronomy 8:3.

The devil always poses questions; he is the author of question marks.

- B. D\_\_\_\_\_ <sup>112</sup> about authority's care.

Satan quotes Deuteronomy 9:11-12.

Christ quotes Deuteronomy 6:16.

The devil always raises the issue about authority.

- C. D\_\_\_\_\_ <sup>113</sup> about service God has for you.

Deuteronomy 6:13

Suffering is a part of service.

### IV. The \_\_\_\_\_ <sup>114</sup> of the adversary.

- A. R\_\_\_\_\_ <sup>115</sup> temptation.

Be prepared.

- B. R\_\_\_\_\_ <sup>116</sup> Scripture.

Christ always answered with Scripture.

- C. R\_\_\_\_\_ <sup>117</sup> when temptation comes.

Use temptation as a reminder of God's grace.

**Conclusion: Recognizing the attacks, appeals, and the symptoms of temptation will help you triumph over the adversary.**

(Adapted from material by Dr. Bob Wood)





# Know Your Enemy

When you and I became Christians, God began a work in our lives calculated to conform us to the image of His Son. Simultaneously there began a work in our lives calculated to hinder this process. Our former peaceful coexistence with the forces of evil terminated, and we entered the arena of spiritual conflict. For the duration of our time on earth, we must now wage spiritual warfare. And the principles of spiritual warfare are in some ways similar to modern-day combat.

“There are two kinds of information that no commander can do without – information pertaining to the enemy, which we call combat intelligence, and information on the terrain. Both are vital,” says Gen. Matthew B. Ridgeway in his autobiography, *Soldier*.

Combat intelligence is as important for the Christian as it is for the military commander. Both are engaged in battle.

(from “Know Your Enemy” by Rod Sargent)

## Who are these enemies?

Enemies Identified	Enemies’ Tactics	Christian’s Desire	Christian’s Defense
World system I John 2:15; James 1:27; James 4:4-9	C _____ <sup>118</sup>	S _____ <sup>119</sup> James 4:4	R _____ <sup>120</sup> Titus 2:12 Renew Romans 12:1-2
Flesh self Romans 7:18-25; Galatians 5:17, 6:8	C _____ <sup>121</sup> Corruption	S _____ <sup>122</sup> I Thessalonians 4:3-4	R _____ <sup>123</sup> Titus 2:2 Romans 13:14
Devil Satan I Peter 5:8-9; II Corinthians 11:14; Isaiah 14:12-14	C _____ <sup>124</sup> Consume	S _____ <sup>125</sup> (Soldier) I Corinthians 15:58	R _____ <sup>126</sup> James 4:7

The Christian life is not hard, it’s \_\_\_\_\_,<sup>127</sup> but with Christ as our Captain, we can overcome and win the victory!



# Orchard of Desires

Where do all of the problems we see come from? 1 John 2 & Matthew 7 shed light on the problem of the origin of our sin (and the counselee's). Here's a simple tool that will help us to identify and get to the root of sin as we counsel others.

## A Fruitful Christian

	Lust of the Flesh	Lust of the Eyes	Pride of Life
<b>1 John 2:15-17</b>	<sup>128</sup> _____ Pleasure	<sup>129</sup> _____ Possessions	<sup>130</sup> _____ Power
<b>Genesis 3:6</b>	"Saw that the tree was good for food"	"...it was pleasant to the eyes..."	"...a tree to be desired to make one wise..."
<b>Genesis 39</b>	vs. 4-6	vs. 7-12	vs. 13-20
<b>Ezekiel 16:49</b>	<sup>131</sup> _____ _____	<sup>132</sup> _____	<sup>133</sup> _____
<b>1 Corinthians 10:7-10</b>	vs. 8	vs. 7	vs. 9-10
<b>Matthew 4</b>	vs. 3 "And when the tempter came to Him, he said, 'If thou be the Son of God, command that these stones be made bread.'"	vs. 8 "Again, the devil taketh Him up into an exceeding high mountain, and showeth Him all the kingdoms of the world, and the glory of them;"	vs. 6 "And saith unto Him, 'If thou be the Son of God, cast thyself down: for it is written, He shall give His angels charge concerning thee: and in their hands they shall bear thee up, lest at any time thou dash thy foot against a stone.'"

Examples of Roots and Fruits Cause and Effect:



# Picking Fruit or Killing Roots

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## Points to Remember:

1. Men are known by their \_\_\_\_\_<sup>134</sup> whether good or bad (Matthew 7:20).  
Matthew 7:16 “Ye shall know them by their fruits. Do men gather grapes of thorns, or figs of thistles?”
2. The soil that sin grows in is \_\_\_\_\_<sup>135</sup> (Matthew 7:22).  
Philippians 2:21 “For all seek their own, not the things which are Jesus Christ’s.”
3. To see genuine growth, we have to kill the root not just \_\_\_\_\_<sup>136</sup> through obedience to His Word (Matthew 7:24ff).  
Matthew 3:10 “And now also the ax is laid unto the root of the trees: therefore every tree which bringeth not forth good fruit is hewn down, and cast into the fire.”
4. The Holy Spirit produces the fruit of the \_\_\_\_\_<sup>137</sup> in our lives as we keep our lives free from the works of the flesh (Galatians 5:19-26).  
Galatians 5:19, 22 “Now the works of the flesh are manifest...but the fruit of the Spirit is...”  
Galatians 5:25 “If we live in the Spirit, let us also walk in the Spirit.”



# Fruits of Moral Impurity

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## I. Walks after the \_\_\_\_\_<sup>138</sup> (II Peter 2:10).

- A. Despises \_\_\_\_\_<sup>139</sup>
- B. Daring and irreverent bold
- C. Arrogant/asserts own will
- D. \_\_\_\_\_<sup>140</sup> those over them

## II. Lack of \_\_\_\_\_<sup>141</sup> (Proverbs 5:9-22)

- A. Finances (vs. 9-10)
- B. Physical problems (vs. 11)
- C. \_\_\_\_\_<sup>142</sup> rules (vs. 11)
- D. Does not listen to correction (vs. 12)
- E. Direct disobedience to \_\_\_\_\_<sup>143</sup> (vs. 13)
- F. Ignores advice (vs. 13; II Samuel 13:13)
- G. Guilt (vs. 22)

## III. Form of \_\_\_\_\_<sup>144</sup> (II Timothy 3:5; Proverbs 7:14)

## IV. \_\_\_\_\_<sup>145</sup> friends (II Samuel 13:13; I Corinthians 15:33; Proverbs 13:20)

## V. Lack of \_\_\_\_\_<sup>146</sup> (Proverbs 25:28)

- A. \_\_\_\_\_<sup>147</sup> (Proverbs 22:24; Ecclesiastes 7:9)
- B. \_\_\_\_\_<sup>148</sup> (Proverbs 23:3)
- C. \_\_\_\_\_<sup>149</sup> (Proverbs 21:23)



- D. \_\_\_\_\_<sup>150</sup> (Ephesians 4:17)
- E. \_\_\_\_\_<sup>151</sup> (I Corinthians 10:13)
- F. \_\_\_\_\_<sup>152</sup> (II Corinthians 10:5)
1. Lack of \_\_\_\_\_<sup>153</sup>
  2. \_\_\_\_\_<sup>154</sup> of desire for spiritual things
  3. \_\_\_\_\_<sup>155</sup> recurring scenes of the past
  4. \_\_\_\_\_<sup>156</sup> dreams



# Steps to Moral Victory

Gaining victory over sin involves a progression of steps that ultimately leads to complete victory.

I. \_\_\_\_\_<sup>157</sup> **Attitude (Psalm 51)**

II. \_\_\_\_\_<sup>158</sup> **what tempts you (I Corinthians 10:13; II Samuel 12:13)**

Two directives:

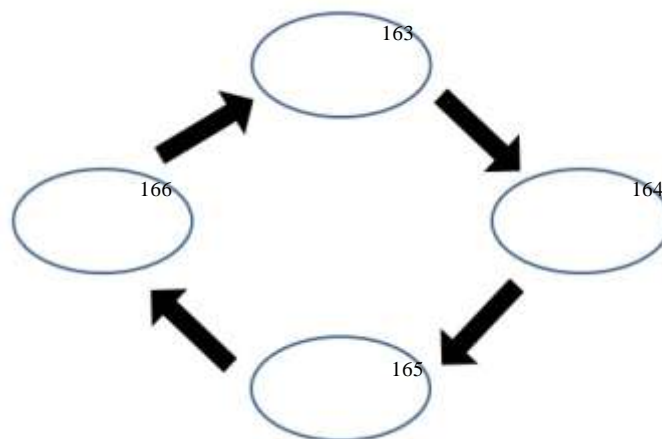
A. Fear temptation (Matthew 6:13)

B. \_\_\_\_\_<sup>159</sup> temptation (II Timothy 2:22)

Immorality will follow these steps:

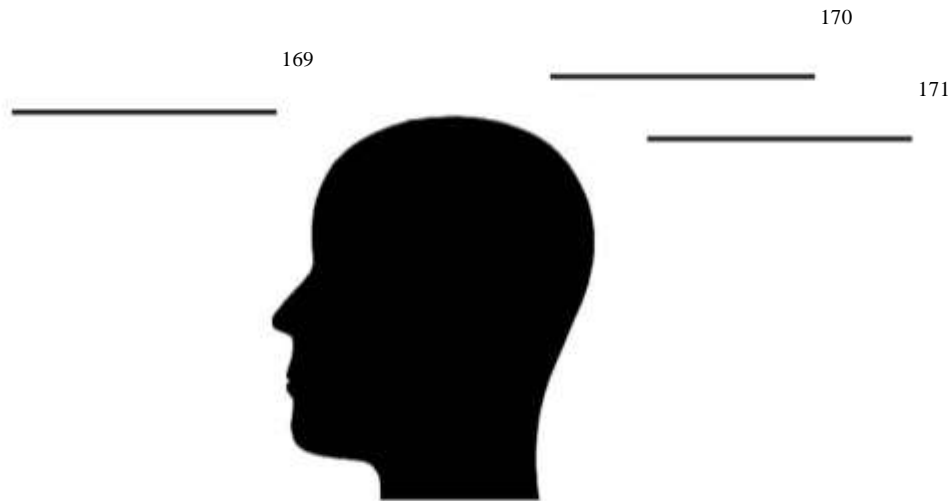
1. Temptation
2. \_\_\_\_\_<sup>160</sup>
3. Enticed
4. \_\_\_\_\_<sup>161</sup>

III. \_\_\_\_\_<sup>162</sup> **with your will (II Timothy 2:22; Psalm 101; Job 31:1; Psalm 119:9-11)**



IV. \_\_\_\_\_<sup>167</sup> your body is God's temple (I Corinthians 6:19-20).

V. \_\_\_\_\_<sup>168</sup> the mind (Romans 12:2).



How does one renew the mind?

- A. Replace \_\_\_\_\_<sup>172</sup> with the positive.
- B. Review \_\_\_\_\_<sup>173</sup> (Matthew 4; Ephesians 6:16).
1. \_\_\_\_\_<sup>174</sup> (Psalm 119:11; Philippians 4:8)
2. \_\_\_\_\_<sup>175</sup> (Psalm 63:6; 119:15; 143:5; Joshua 1:8; I Timothy 4:15)

Ways to absorb the Word:

- |    |                      |      |
|----|----------------------|------|
| a. | Hearing              | 15%  |
| b. | Reading              | 30%  |
| c. | Studying             | 60%  |
| d. | Memorizing           | 100% |
| e. | _____ <sup>176</sup> | 100% |

VI. \_\_\_\_\_<sup>177</sup> (I Chronicles 16:10; Psalm 40:16; 90:14; 105:3; I Peter 4:13)



# The Fruit of Bitterness

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## I. The Principle: “Lest any root of bitterness . . .”

### (Hebrews 12:15a)

- A. \_\_\_\_\_<sup>178</sup> of Bitterness: Bitterness is taken from the root word “seething or squeezing.” In the Old Testament the idea is that of discontentment, or grief; in the New Testament it gives the idea of being “tainted.” In other words there is \_\_\_\_\_.<sup>179</sup> You can’t keep from being hurt, but you can keep from harboring hurt.
- B. \_\_\_\_\_<sup>180</sup> of Bitterness:
1. Two general arenas:
    - a. I want it; God \_\_\_\_\_<sup>181</sup> it.
    - b. I had it; God \_\_\_\_\_<sup>182</sup> it.
  2. Three specific areas:
    - a. \_\_\_\_\_<sup>183</sup>.
      - 1) Leadership: authority/family (I Samuel 3:12; 22:2)
      - 2) Locality: children of Israel (Exodus 1:34)
    - b. \_\_\_\_\_<sup>184</sup>.
      - 1) Unchangeable: Job (Job 7:11)
      - 2) Uncontrollable: Hannah (I Samuel 1:10)
    - c. Unjust \_\_\_\_\_<sup>185</sup>: Christ (I Peter 2:19-25)

## II. The \_\_\_\_\_<sup>186</sup>: “springing up trouble you ..” (Hebrews 12:15b)

- A. Stages of Bitterness (Genesis 39:3-23)
1. Irritation
  2. Indignation
  3. Infuriation
  4. \_\_\_\_\_<sup>187</sup>
- B. Scourge of Bitterness: “and thereby many be defiled” (Hebrews 12:15c).





1. Personal Effects:

- a. \_\_\_\_\_<sup>188</sup> (Psalm 32:3-4)
- Outward \_\_\_\_\_<sup>189</sup>
- 1) Hardened look
  - 2) Physical problems
- b. \_\_\_\_\_<sup>190</sup> (II Corinthians 2:10-11)
- 1) Immaturity (I Corinthians 3:1-4)
  - 2) Insensitivity: angry, critical, judgmental (Mark 9:34-48)
- c. \_\_\_\_\_<sup>191</sup> (Isaiah 59:2; I Peter 3:12)
- 1) Withdrawn, “shell”
  - 2) Bound, “touchy”
- d. General counseling observations:
- 1) Eager to talk about the faults of others
  - 2) Constantly reviews past failures of others
  - 3) Decreased concern for my own weakness
  - 4) Feels like he/she can’t forgive

2. Public Effects: Three-step progression (Romans 14:7)

- a. Contempt
- b. Concentration
- c. \_\_\_\_\_<sup>192</sup>

**III. The Power of \_\_\_\_\_<sup>193</sup>**

- A. \_\_\_\_\_<sup>194</sup> to God (Proverbs 28:13; I John 1:9; Psalm 32).
1. Give God your \_\_\_\_\_<sup>195</sup> (I Peter 2:7).
    - a. You can’t change the facts, but you can change the \_\_\_\_\_<sup>196</sup> (Genesis 50:20).
    - b. Realize God allows and arranges man’s affairs (Genesis 50:20).
  2. Give God your \_\_\_\_\_<sup>197</sup> (Romans 12:1-2; 6:13).  
Forgiveness is giving up my right to hurt you for hurting me.
- B. Clear \_\_\_\_\_<sup>198</sup> with men (I Timothy 1:5, 19; Acts 24:16).



1. \_\_\_\_\_<sup>199</sup> sinful actions and attitudes (Matthew 15:19; James 4:1-3)
  - a. Forgive as God forgave you (Matthew 18:35).
  - b. Guard against unrealistic \_\_\_\_\_<sup>200</sup> (Ephesians 4:32; Colossians 3:13).
    - 1) Expecting the offender to earn or deserve forgiveness.
    - 2) Desiring to punish the offender: "You're going to suffer for what you did to me."
    - 3) Demanding a guarantee: "I'll forgive when I'm guaranteed you'll never do that again."
2. \_\_\_\_\_<sup>201</sup> the offense.
  - a. Make a list of those whom you have wronged, hurt or offended and have not gone back and made it right.
  - b. Go to the hardest person first and ask forgiveness ("I was wrong," not "If I was wrong.").
- C. \_\_\_\_\_<sup>202</sup> on the Savior (Philippians 2:5).
  1. Review four promises (Matthew 6:12; Colossians 3:13).
    - a. I promise I will not think about this incident.
    - b. I promise I will not bring this incident up and use it against you.
    - c. I promise I will not talk to others about this incident.
    - d. I promise I will not allow this incident to stand between us or hinder our relationship.
  2. \_\_\_\_\_<sup>203</sup> God regularly (Psalm 36:1; I Thessalonians 5:18).
  3. Replace sinful \_\_\_\_\_<sup>204</sup> and habits (Luke 11:22-26).



# Dealing with Abuse

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## I. Statistics Related to Abuse

### A. Signs a person was abused as a child:

1. Abrupt \_\_\_\_\_<sup>205</sup> changes.
2. Uncontrolled \_\_\_\_\_<sup>206</sup> and phobias.
3. Nightmares; bedwetting.
4. Irritable, crankiness, \_\_\_\_\_<sup>207</sup>.
5. Reluctance to be around \_\_\_\_\_<sup>208</sup>.
6. Depression
7. \_\_\_\_\_<sup>209</sup> of being left alone.
8. False \_\_\_\_\_<sup>210</sup> in behavior.
9. In a \_\_\_\_\_<sup>211</sup> world.
10. Threats of \_\_\_\_\_<sup>212</sup>.
11. Extreme outbursts of \_\_\_\_\_<sup>213</sup> and aggression.
12. Abnormal \_\_\_\_\_<sup>214</sup> to a parent or trusted adult.

### B. Statistics of those that abuse others:

1. Eighty percent of offenders were abused or exposed to sexual abuse of others during their childhood.
2. Never a one-time event; regular, persistent, and progressive in violations.
3. Average age of starting into abusing others is 14-19 years of age.
4. Strong need of mastery and power.
5. Unable to date (find children more acceptable and comfortable).
6. Inadequate father-son relationship.



## II. Setting the \_\_\_\_\_<sup>215</sup> when counseling the abused.

### A. Question to Ask:

1. Is this in the past or the present?
2. Have you told this to anyone else?
3. Has this been a “ \_\_\_\_\_<sup>216</sup> offense”?
4. Has it happened with more than one person?
5. Do you \_\_\_\_\_<sup>217</sup> yourself for what has happened?

### B. Guidelines and statements to use:

1. If the counselor is a man and the counselee a woman: “I don’t want all the details, just enough to allow me to know what direction I should go.” Allow another woman to be present.
2. If the counselor is a woman and the counselee a woman: “Be as specific as possible.” Tread carefully because of damaged emotional baggage.
3. Remind the abused that recovery is a process. Willingness and \_\_\_\_\_<sup>218</sup> are key elements in cooperation.
4. Eventually, at the right time and in the right setting, others will need to be contacted; those that are a \_\_\_\_\_<sup>219</sup> of the problem or the solution.
5. In time the abused will need to be involved in developing a clear \_\_\_\_\_<sup>220</sup> (I Timothy 1:5).

## III. Scriptural Principles to Share

- A. You can’t change the facts of the hurt; you can change the \_\_\_\_\_<sup>221</sup> (Genesis 50:20).
- B. It is not a sin to \_\_\_\_\_<sup>222</sup>; it is a sin to hate (Ephesians 4:30-32). You will need to ask forgiveness for hating the person. You can be free from bitterness by not harboring hurt.
- C. Forgiveness is giving up the \_\_\_\_\_<sup>223</sup> to hurt you for hurting me. (Matthew 18:35).
- D. You are made a \_\_\_\_\_<sup>224</sup> of Christ’s suffering (Philippians 3:10).



1. Help the counselee see how Christ personally suffered and was abused (I Peter 2:20-23).
    - a. \_\_\_\_\_<sup>225</sup> (I Peter 2:22)
    - b. \_\_\_\_\_<sup>226</sup>; great bodily harm (John 19:1-3).  
He was beaten with glass-embedded leather, His beard was torn out, one and one-half-inch thorns were jammed into His forehead, He was hit in the face, he carried a heavy cross-piece, and spikes were driven in His hands and feet.
    - c. \_\_\_\_\_<sup>227</sup>; He was stripped naked on the cross. He suffered moral abuse. To be seen naked in public is one of the most embarrassing things in the world. When the Lord Jesus was crucified, He was hung naked on the cross. He understands the shame you feel.
  2. Help the counselee \_\_\_\_\_<sup>228</sup> that Christ does understand and can empathize with an abuse victim (I Peter 4:14-16; Philippians 2:8, 3:10). Ask the victim if he she/feels weird or strange. Refer to I Peter 4:11.
  3. Help the counselee \_\_\_\_\_<sup>229</sup> with Christ's suffering (I Peter 4:12-13; Romans 8:17; I Peter 5:10). "You are a partaker of Christ's suffering."
  4. Christ does carry the \_\_\_\_\_<sup>230</sup> today, but victory is a matter of the will (Matthew 26:42; Mark 14:26; Psalm 143:10; I Peter 1:13, 5:9).
- E. You will truly be able to say "I understand" to others with \_\_\_\_\_<sup>231</sup> trials. It's possible that you will one day sit in the counselor's chair and have a person tell you that no one understands. You will be able to say, "I understand." That is called sympathy (II Corinthians 1:3-4).

Conclusion: With God's help, we can have \_\_\_\_\_<sup>232</sup> in counseling the abused.



# The Remedy in Relationships

*Rebellion in teens is as disturbing to a parent as any difficulty. Is teen rebellion related exclusively to authority? Is there a more foundational cause? The deeper and more meaningful the relationship, the less the rebellion. The more shallow and meaningless the relationship, the more the rebellion. There are many Bible examples of rebellious young men: Esau to his parents, Eli's sons and the prodigal son.*

## I. Absalom: feature-length story on rebellion (II Samuel 13-15).

How does rebellion develop?

A. \_\_\_\_\_<sup>233</sup> of disobedience.

1. David with Bathsheba (II Samuel 11:1).
2. Amnon, David's oldest son and half brother of Absalom, rapes Tamar (II Samuel 13:1).

Principle: Predisposition \_\_\_\_\_<sup>234</sup> sin is different than being predetermined to sin (Ezekiel 18).

B. \_\_\_\_\_<sup>235</sup> with no action (II Samuel 13:21).

1. David perhaps was halted by the memory of his own sin.
2. "Tolerance stretched to an extreme is passivity."

C. \_\_\_\_\_<sup>236</sup> to authorities' action (II Samuel 13:22b).

Absalom never said a word – good or bad.

D. Hidden hurt breeds \_\_\_\_\_<sup>237</sup> (II Samuel 13:22c; Proverbs 18:14).

1. Time does not solve every problem (II Samuel 13:23).
2. Change of location does not change the heart (II Samuel 13:38)

Absalom fled to Geshur for three years, hiding under the protection of his grandparents.

3. Physical, outward appearance emphasized rather than inward spiritual attraction (II Samuel 14:25-2).

E. \_\_\_\_\_<sup>238</sup> care but do not verbally communicate it.  
(II Samuel 13:37, 14:24) Children are not mind readers.



- F. \_\_\_\_\_<sup>239</sup> breakdown from unresolved conflicts (II Samuel 14:28)
1. Absalom's bitter memory of his sister resulted in naming his own daughter Tamar (II Samuel 14:28).
  2. Absalom acts in extreme and radical fashion: overstatements! (II Samuel 14:29-32)
- G. \_\_\_\_\_<sup>240</sup> façade without inward closeness (II Samuel 14:33).
- H. \_\_\_\_\_<sup>241</sup> exposed (II Samuel 15:1).

Symptoms:

1. Disloyalty (II Samuel 15:1-2)
2. Subtlety (II Samuel 15:3)
3. Speaking evil of authority (II Samuel 15:4)
4. Prolonged disrespect (II Samuel 15:5-7)
5. Lying (II Samuel 15:7-9)
6. Involving the innocent (II Samuel 15:11)
7. Unrestrained outward rebellion (II Samuel 15:37)
8. Moral impurity (II Samuel 16:22)

Rebellion – full blown

## II. Solutions: Insights to a Changing Heart.

Absalom's brother, Solomon, who was born in the midst of all this family turmoil, gives us four insights for changing a heart:

- A. Rebuild \_\_\_\_\_<sup>242</sup> relationship (Proverbs 1:8).

Statistics show that:

- Eighty percent of those incarcerated in the U.S. prisons have no father figure in the home.
- One in four children is growing up without a father.
- Two hundred thousand 17- and 18-year olds carry a gun to school.
- The U.S. incarcerates more children than any other country.  
(statistics from "Freedom Flyers" ministry to the imprisoned)

1. Three primary responses by a rebel:
  - a. Esau with Rebekah: no \_\_\_\_\_<sup>243</sup> (Genesis 26:35).
  - b. Eli with his sons: no \_\_\_\_\_<sup>244</sup> (I Samuel 2).
  - c. Rehoboam: no \_\_\_\_\_<sup>245</sup> (I Kings 12).



Causes of Rebellion:	Effects of Rebellion:
<b>When a father does not admit that he is wrong</b>	his children lose confidence in his leadership.
<b>When a father refuses to ask for forgiveness</b>	his children react to his pride.
<b>When a father is too strict in discipline</b>	his children have their spirits broken.
<b>When a father gives too much freedom</b>	his children see freedom as a form of rejection.
<b>When a father disciplines in anger</b>	his children become bitter.
<b>When a father is impatient with his children</b>	his children seek approval from their friends.
<b>When a father tries to warn his children only of the consequences of sin</b>	his children are challenged to be successful in avoiding the consequences.

(Excerpts from the Basic Youth Conflicts material, "Why Children Rebel.")

2. Five practical building tools

- a. State \_\_\_\_\_<sup>246</sup> and ask forgiveness
- b. Spend time
- c. Show interest in their interests.
- d. Share \_\_\_\_\_<sup>247</sup> liberally.
- e. Show consistency.

B. Remove \_\_\_\_\_<sup>248</sup> influences (Proverbs 1:10, 15).

There are two primary "corrupters."

- violence: corruption (Proverbs 1:11-12)
- values: cash (Proverbs 1:14-19)

1. Friends

Symptoms of involvement with the wrong crowd:

- emotionally pulling away from the family
- being dissatisfied with how much freedom is allowed
- becoming friends with kids you've never heard of
- beginning of unusual phone calls (caller hangs up, kids only give first names)
- always taking phone calls in private
- changing appearance to identify with kids who are into the wrong things
- lying and searching for loopholes
- balking about going to church
- being critical of "good kids"

(from *Relief for Hurting Parents* by Buddy Scott)





2. Music
3. TV/videos
4. Reading material
5. Satanic/occult influence
6. Substance abuse (drugs, alcohol, tobacco)

In Buddy Scott's book *Relief for Hurting Parents*, he states that "privacy is an earned privilege for teenagers, not an inalienable right." To handle this issue, a parent might say something like, *"If you choose to teach us to be worried that you may be harming yourself, our intense love for you will cause us to respond by looking for every clue we can find to discover if you really are involved in something that will end up hurting you. Privacy is a family privilege that comes with teaching us to trust you and maturing toward adulthood. Small children have no privacy at all."*

- C. Receive the \_\_\_\_\_<sup>249</sup> (Proverbs 2:1-4).

Fourfold process:

1. In (receive, hide, vs. 1)
2. Out (incline, apply, vs. 2)
3. Up (cry, lift, vs. 3)
4. Down (seek, search, vs. 4)

- D. Remodel personal \_\_\_\_\_<sup>250</sup> (Proverbs 3:1, 11, 21)

1. New environment
2. New tastes
3. New patterns
  - a. Physical: work
  - b. Mental: problem solving
  - c. Social: right friends
  - d. Spiritual: praying, fasting

Conclusion: The process of changing rebellion to rejoicing is \_\_\_\_\_,<sup>251</sup> but the reward is \_\_\_\_\_.<sup>252</sup> Let us never give up on the youth of this day. Never pray for reconditioning, but acceptance.



# Fruits of Materialism

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## I. Bible Characters that will help us recognize the root problem of materialism:

- A. Esau: gave up the eternal for the \_\_\_\_\_<sup>253</sup> (Genesis 25:33; Hebrews 12:16).
1. Doesn't care about the future.
  2. Anger; things are more important than people.
- B. Lot: desire for the things of this \_\_\_\_\_<sup>254</sup> (Genesis 13:12).
1. Sought popularity (II Timothy 4:10).
  2. Desired "manufactured" fun of the world.
  3. Family problems (Proverbs 15:27).
- C. Achan: desire for things \_\_\_\_\_<sup>255</sup> had (Joshua 7:21).
1. Lying (Ephesians 4:28)
  2. Stealing (Proverbs 30:9)
  3. Cheating (Proverbs 28:8)
- D. Judas: appeared to be \_\_\_\_\_<sup>256</sup> (Matthew 26:15).
1. Comparing: spiritual piety with no life (I Timothy 6:12; II Peter 2:15).
  2. Nervous (Matthew 6:34)
    - a. Produces tension and worry because you feel that you never have enough (Proverbs 23:5; 27:24; Ecclesiastes 5:10-11).
    - b. Causes fear because others can take what you cherish (Matthew 6:19).
- E. Solomon: desire for \_\_\_\_\_<sup>257</sup> (Ecclesiastes 1-2).
1. Overemphasis on possessions.
  2. Overemphasis on clothes (Matthew 6:33).
  3. Emptiness (Proverbs 23:5).



- F. Rich Young Fool: lived for \_\_\_\_\_<sup>258</sup> (Luke 12:15-21).

Temporal view versus eternal perspective

## II. Five Bible principles for killing the root of materialism.

- A. Recognize all you have \_\_\_\_\_<sup>259</sup> to God  
(I Corinthians 6:19).
- B. Confess wrong \_\_\_\_\_<sup>260</sup> as sin (Luke 12:15; Matthew 6:24-34).
- C. Transfer your \_\_\_\_\_<sup>261</sup> to God: clothes, car, etc.  
(I Corinthians 6:20).
- D. Realize you will give \_\_\_\_\_<sup>262</sup> as a steward (II Corinthians 4:2).
- E. Develop a \_\_\_\_\_<sup>263</sup> attitude (Luke 6:38).



# Steps to Counseling

Webster defines a counselor as “one who advises.” Everyone needs answers and practical steps to arrive at biblical solutions for the dilemmas he faces. Preaching is an important element in any ministry, but there is also a need for capable people who can counsel the special burdens. It does *not* take psychological training or know-how to effectively meet needs; it does take a person who knows the Bible and possesses genuine godly love for those with whom he works. Also, there is a need for a clear, concise plan to uncover the real problem.

## I. \_\_\_\_\_<sup>264</sup> the Stage.

- A. Make them feel at \_\_\_\_\_<sup>265</sup> (Proverbs 18:24).
- B. Pray aloud and ask for wisdom and \_\_\_\_\_<sup>266</sup> (James 1:5).
- C. Assure them of your \_\_\_\_\_<sup>267</sup> (Proverbs 16:28b). “I will share your problem only with those who are a part of the problem or the solution.”

## II. \_\_\_\_\_<sup>268</sup> Information.

- A. Ask \_\_\_\_\_<sup>269</sup>.
  - 1. General information
  - 2. Ask \_\_\_\_\_<sup>270</sup> questions without accusing or prodding (1 Samuel 15). Questions convict a \_\_\_\_\_<sup>271</sup>; accusations harden the \_\_\_\_\_<sup>272</sup>.
    - a. “What is \_\_\_\_\_<sup>273</sup> you most right now?”
    - b. “What do you \_\_\_\_\_<sup>274</sup> most?”
    - c. “What do you feel \_\_\_\_\_<sup>275</sup> about? If you could relive one action, one period of time, or if you could undo one thing in your past that you wish had never happened, what comes to mind?
    - d. State the need for complete honesty if he hopes for any solution. The things he mentions are causing guilt, and Satan uses them to keep him frustrated in the present (fear), unable to have victory in the future or to rest in the Lord. It is amazing how quickly people get honest at this time.
    - e. These questions reveal a person’s past, present, and future condition.



Past	Present	Future
_____ <sup>276</sup>	_____ <sup>277</sup>	_____ <sup>278</sup>
_____ <sup>279</sup>	_____ <sup>280</sup>	_____ <sup>281</sup>

## B. The Counseling Approach

1. \_\_\_\_\_ <sup>282</sup> : God gave us two ears and one mouth, so we should listen twice as much as we speak (James 1:19; Proverbs 8:13). Listening enables you to gain insights into the real need. It also conveys your interest. Do not interrupt the counselee until he has expressed himself and all the facts are known (Proverbs 29:11). Key Principle: Listen until a Bible parallel comes to mind: a Bible pattern, principle, or person.
2. \_\_\_\_\_ <sup>283</sup> : It is important to have eye contact so the person will know you understand. In addition, you can pick up valuable clues by noting at which points the person becomes fidgety and nervous. Don't be \_\_\_\_\_ <sup>284</sup> (Proverbs 17:27).
3. \_\_\_\_\_ <sup>285</sup> : After the counselee has spoken, momentarily pause before you give your thoughts. The pause lets the person know that you are thinking about what he said, and if he has not been honest, a five-second pause will seem like an eternity and he will begin speaking again.
4. \_\_\_\_\_ <sup>286</sup> : Restate in your own words how the person feels based on what he has said. When you have done so he may remark that that's exactly how he feels. Repeating the problem brings it into crisp focus.
5. \_\_\_\_\_ <sup>287</sup> : Compliment the counselee for his honesty and areas of strength that you can detect (Job 34:7 – Elihu). Let him know what help is available. Let him know he is not alone in his problems (1 Corinthians 10:13).

## III. \_\_\_\_\_ <sup>288</sup> the Problem.

### A. Three causal factors:

1. Natural inclination of \_\_\_\_\_ <sup>289</sup> (I Corinthians 2:14).



2. \_\_\_\_\_<sup>290</sup> disturbance: is it the cause or result?  
(Psalm 32:35)
  3. Spiritual \_\_\_\_\_<sup>291</sup> (Psalm 51; I Corinthians 3:1).
- B. Sort out the \_\_\_\_\_<sup>292</sup> problem from the “ \_\_\_\_\_ ”<sup>293</sup> problem. Most people you counsel have two problems: the respectable problem and the real problem. Most people do not want to share their real problem. It is the responsibility of the counselor to get beyond the respectable problem to the real problem.
  - C. Get down to the \_\_\_\_\_<sup>294</sup> problem (I John 2:15-17). If the counselor deals only with the fruit (outward problem) rather than the real (root) problem, the result will only be temporary. Counselors must not pick fruit; they must get to the root; otherwise the fruit keeps coming back.
  - D. They must \_\_\_\_\_<sup>295</sup> their conscience.

#### IV. \_\_\_\_\_<sup>296</sup> **them back to God (not a principle or person).**

- A. Authority is the \_\_\_\_\_<sup>297</sup> (Hebrews 4:12), therefore use it for answers, solutions, and prescriptions for needs.
- B. A \_\_\_\_\_<sup>298</sup> is necessary for long-term change (Ecclesiastes 4:9, 12). Don't allow the counselee to become dependent on you as the counselor.
- C. Be \_\_\_\_\_<sup>299</sup>. Problems don't happen overnight; therefore, problems may not be resolved quickly.



# Maintaining Right Relationships

## *Developing a Clear Conscience*

### I. \_\_\_\_\_<sup>300</sup> of a clear conscience.

- A. The English word comes from two Latin words: *con* means *with* or *together*, and *scio* means *I know*. The ability to know within ourselves.
- B. The Greek word used in the New Testament is *suneidesis* which has the exact same meaning: *to know with*. This term was used by the Greeks in their everyday conversation. It meant “the pain you feel when you do wrong.”
- C. A clear conscience means to be \_\_\_\_\_<sup>301</sup> or empty of an offense. Someone has said it this way: “The ability to say I have not wronged, hurt, or offended anyone that I have not gone back to and made it right.”

### II. \_\_\_\_\_<sup>302</sup> of a clear conscience.

- A. To testify of God/sin (Acts 24:16; Hebrews 5:13-14).
- B. To bear witness to the law (Romans 2:14-15; 9:1). Approves of doing right and accuses of doing wrong!
- C. To \_\_\_\_\_<sup>303</sup>; not always a guide (I Timothy 1:10-19). It can guide if the standard is right! Conscience is a window. The eye doesn't manufacture light; the eye lets light in (Matthew 6:22-23).

### III. \_\_\_\_\_<sup>304</sup> of a clear conscience.

- A. No power in witnessing (I Peter 3:14-16).
- B. \_\_\_\_\_<sup>305</sup> attitude which often shows up in the tongue (Romans 2:1-3).  
Three levels of talk:
  - 1. Malicious gossip
  - 2. Rationalization
  - 3. Gossip
- C. No joy (Genesis 42:21; I Samuel 24:1-6).
- D. Lack of \_\_\_\_\_<sup>306</sup> with others (Proverbs 28:1, II Corinthians 1:12; 6:3-10).
- E. Potential failure of health (Psalm 32:3-4).



#### IV. \_\_\_\_\_<sup>307</sup> of a clear conscience.

- A. List \_\_\_\_\_<sup>308</sup>.
1. \_\_\_\_\_<sup>309</sup> for a way to clear your conscience.
    - a. Letter (don't document).
    - b. Call.
    - c. In person.
  2. \_\_\_\_\_<sup>310</sup> giving sensual details.
- B. \_\_\_\_\_<sup>311</sup> is not to get the other person straightened out but to clear your conscience.
- C. Don't say "\_\_\_\_\_"<sup>312</sup> but rather, "I was wrong."
- D. Confession is only as large as offense.
- E. You need a forgiving spirit (Matthew 18).
- F. Don't make excuses:
1. It happened so long ago!
  2. It's such a \_\_\_\_\_<sup>313</sup> thing!
  3. They wronged me more than I wronged them.
  4. I am just too sensitive.
  5. No one is perfect.
  6. If I go back, I will get others in trouble.
- G. Never be \_\_\_\_\_<sup>314</sup> of the consequences of your \_\_\_\_\_<sup>315</sup>.

We're not speaking of morbid introspection but \_\_\_\_\_<sup>316</sup> insight. What is most important, our pride or our peace of mind?





# Biblical Principles

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## I. Definition of Principles:

- A. A principle is a beginning, an origin or something elementary (Hebrews 6:1).
- B. A principle is an orderly arrangement of fundamental elements given in a proposition (Hebrews 5:12).
- C. A principle is “a rule or code of conduct” (Webster).
- D. A principle is a general truth. Principles are non-specific; precepts are specific (Romans 7:21; Psalms 119:4, 27, 40).
- E. A principle is \_\_\_\_\_<sup>317</sup> in application; however, cultural application may change.
- F. A principle is a Bible \_\_\_\_\_<sup>318</sup> that does not change.

## II. Types of Principles

- A. Principles based on God’s \_\_\_\_\_<sup>319</sup>.
- B. Evil principles based on man’s \_\_\_\_\_<sup>320</sup> nature.
- C. \_\_\_\_\_<sup>321</sup> and effect principles.

## III. Four Areas from Which to Draw Principles

How do we determine a biblical principle? We must look carefully at the totality of Scripture. Biblical principles can be determined only in the context of God’s complete written revelation. In order to determine supracultural principles from Scripture, we must observe the extent to which New Testament activities and teachings are repeated, verified, expanded, and reinforced through the whole counsel of God in both the Old and New Testaments (A Biblical Theology of Material Possessions).

- A. \_\_\_\_\_<sup>322</sup>

Example of \_\_\_\_\_<sup>323</sup> lives. How to draw principles from the lives of people in Scriptures. Ask three questions:

- 1. What \_\_\_\_\_<sup>324</sup> their problem?
- 2. What did the Bible character do \_\_\_\_\_<sup>325</sup> to try to solve the problem?



3. What did the Bible character do \_\_\_\_\_<sup>326</sup> in trying to solve the problem?
- B. \_\_\_\_\_<sup>327</sup> commands in the Bible.
- C. \_\_\_\_\_<sup>328</sup> character of God.
- D. \_\_\_\_\_<sup>329</sup> how God operates in any given situation.

#### IV. Examples of Principles

- A. Principle of Authority: It is right to obey God-given authority in our lives (Romans 13; Ephesians 6; Hebrews 13:17).
- B. Principle of Purity: A believer has a responsibility to remain pure (Psalm 119:9-11; I Thessalonians 4).
- C. Principle of Self-Control: A believer should keep his/her body under control (I Corinthians 9:27).
- D. Principle of Modesty: A believer has a responsibility to dress modestly (I Peter 3; I Timothy 2:9).
- E. Principle of Vision: A believer should not look at anything immoral or evil (Psalms 101:3; Job 31:1).
- F. Principle of Liberty: A believer has the opportunity to exercise Christian liberty within the restraints of love (Romans 14; I Corinthians 8).
- G. Principle of Scripture: The Bible is the Word of God (II Timothy 3:16; II Peter 1:20).
- H. Principle of Witness: A believer should witness to others (I Peter 3:15; John 15:27; Acts 18:9-10).
- I. Principle of Work Ethic: A believer should be an outstanding example of a faithful, hard worker (Colossians 3:23; II Timothy 2:15; Proverbs 10:5; 12:11).
- J. Principle of Personal Growth: A believer should daily feed on God's Word (Joshua 1:8; I Peter 2:2).
- K. Principle of Honesty: A believer should be honest and live with integrity (Hebrews 13:18; Psalm 78:72).



# Convictions and Standards

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## I. Conviction:

### A. Definition:

1. \_\_\_\_\_<sup>330</sup> of a Bible principle.
2. An \_\_\_\_\_<sup>331</sup> belief, not an outward action.
3. A brief, \_\_\_\_\_<sup>332</sup> statement expressing my belief.
4. \_\_\_\_\_<sup>333</sup> belief based on a principle.

### B. Types of conviction:

1. I will keep myself pure.
2. I will dress modestly.
3. I believe in the inspiration of the Bible.
4. I believe God deals with me in love.

### C. Difference between a conviction and a preference:

1. Webster's definition: the selecting of something over another.
2. A personal belief or taste that is not based on a principle.
  - a. Don't allow yourself to judge whether someone's conviction is a preference.
  - b. Practice Romans 14 and I Corinthians 8.

## II. Standard

### A. Definition

1. An outward, visible expression of a conviction.
2. Standards are specific actions reflected in a biblical principle.
3. Standards are not restrictive or confining but protective.
4. Standards might change, but principles do not.
5. \_\_\_\_\_<sup>334</sup> to keep my conviction.

### B. Reasons for a difference in standards:

1. \_\_\_\_\_<sup>335</sup> variance.
2. \_\_\_\_\_<sup>336</sup> of the heart (Matthew 13:1-9).



3. \_\_\_\_\_<sup>337</sup> of believer (I John; Hebrews 5:13; I Peter 1:13-16; 2:2).
  - a. Security: the \_\_\_\_\_<sup>338</sup> the believer is in the Lord, the less he has to rely on the world for security.
  - b. Conscience: weakness in an area means stricter guidelines in that area (Romans 14).
- C. Dangers in having standards: standards are not a \_\_\_\_\_<sup>339</sup> to wear but a button to hold your convictions together.
  1. A \_\_\_\_\_<sup>340</sup> spirit (James 3:14-18; I Corinthians 13).
  2. Wrong \_\_\_\_\_<sup>341</sup> (I John 2:15-17).
    - a. Young people who have rules without reason will often rebel in the present and reject their standards in the future.
    - b. Young people who conform outwardly but are not sincere inwardly.
    - c. "I'm OK" attitude: standards become an end in themselves. Are people seeing your standard first or your Savior first?
  3. Rejection of standards as \_\_\_\_\_<sup>342</sup>.
  4. Examples of standards:
    - a. I will go to church regularly.
    - b. I will give out tracts and witness to others.
    - c. I won't look at immoral material.

### III. Summary

- A. Bottom line:
  1. \_\_\_\_\_<sup>343</sup> arise personally in a ministry if preferences are forced on others as convictions.
  2. Conflicts arise personally in a ministry if standards are not used as \_\_\_\_\_<sup>344</sup> but used as a spiritual yardstick (Romans 14; I Corinthians 8).
  3. Be careful that the \_\_\_\_\_<sup>345</sup> of a believer does not become a license or cause division (Galatians 5:13; I Corinthians 8).



B. Applications:

1. Develop a life philosophy that is \_\_\_\_\_<sup>346</sup> on paper.
  - a. Begin to \_\_\_\_\_<sup>347</sup> out principles you are living by.
  - b. Write out convictions (a brief, concise statement of your beliefs based on a Bible \_\_\_\_\_<sup>348</sup>).
  - c. List the standards which are designed to help keep your convictions.
2. Review your life's philosophy regularly.

Principles:	Convictions:	Standards:
<b>Principle of Authority:</b>	I believe I should be content through the tests and trials of life (Philippians 4:11). I believe all I do should glorify God in some way (I Corinthians 10:31).	I will obey my parents. I will listen and follow through with my God-ordained authority.
<b>Principle of Purity:</b>	I believe I should not look at unclean or wicked things (Psalm 101:3). I believe that any kind of sex before marriage is wrong (I Thessalonians 4:4; Romans 6:18).	I will not look at anything unclean or impure: pornography, rock music, rock music videos.
<b>Principle of Self-Control:</b>	I believe I have a responsibility to keep my body under control (I Corinthians 9:27).	I will not smoke. I will not drink. I will not take drugs. I will not overeat. I will not gossip.
<b>Principle of Vision:</b>	I believe I should not look at unclean or wicked things (Psalm 101:3).	I will not look at pornography. I will not watch rock videos.
<b>Principle of Modesty:</b>	I believe I should keep all my thoughts pure (Philippians 4:8; II Corinthians 10:5).	I will not wear anything sensually oriented.
<b>Principle of Liberty:</b>	<b>I believe that nothing should be more important in my life than Jesus Christ (Colossians 3:2).</b> <b>I believe I should give up my life to God.</b>	<b>I will not go into bars.</b> <b>I will not go into theaters.</b> <b>I will not go into video stores where impure videos are sold.</b>



<b>Principles:</b>	<b>Convictions:</b>	<b>Standards:</b>
<b>Principle of Scripture:</b>	I believe I should read the Bible on my own every day (Joshua 1:8).	I will establish a daily devotion time. I will spend fifteen minutes in prayer every day. I will read five chapters from Psalms and one chapter from Proverbs every day. I will do one book study a month.
<b>Principle of Witness:</b>	I believe I should witness to those who are unsaved (Matthew 28:18-19).	I will give out tracts on trips. I will witness to schoolmates. I will have a Bible study with friends.
<b>Principle of Work Ethic:</b>	I believe I should be a hard worker (Colossians 3:23; II Timothy 2:3).	I will be on time to my job. I will go the extra mile in work quality. I will not punch out early.
<b>Principle of Personal Growth:</b>	I believe I should be growing and maturing as a believer (I Peter 2:2).	I will not steal. I will not lie. I will not borrow anything without asking.



# The Fine Art of Decision Making

Our lives can be changed forever on the basis of one decision. We realize that there are a variety of decisions to make—from what cereal to eat or clothes to wear, where to spend our money or whom to date, to choosing a career or college. People have tried many different tactics in decision making: fleeces (asking God for a supernatural sign), fasting (giving up food to seek out God), flipping coins (leaving it up to the toss), floundering (fishing around for answers, or feelings (listening to them and to nothing else).

Who made the first wrong choice? Not Adam or Eve, but the devil! Evidently, the angels did have the capacity to choose, as Isaiah 14:13-14 states that Lucifer affirmed “I will” five times. Up to that point, no wrong choice had been made. Genesis 2:18 tells us that God Himself said, “I will make [for Adam] a helpmeet.” The will is man’s most God-like part.

The Psalmist realized he needed to be taught the will of God: “Teach me to do thy will; for thou art my God” (Psalm 143:10).

**I. Some decisions are already \_\_\_\_\_<sup>349</sup> for you (Hebrews 11:23).**

**II. We are not always aware of the \_\_\_\_\_<sup>350</sup> of the decisions at the time they are made (Hebrews 11:26).**

**III. You know some decisions will be \_\_\_\_\_<sup>351</sup> (Hebrews 11:25).**

A. There are three important decisions made in your early years (Proverbs 3:5-6):

1. Conversion/Commitment
2. Career
3. Companion

You don’t have to find God’s will because it was never lost. It is possible to understand what God’s will is: “Wherefore be ye not unwise, but understanding what the will of the Lord is” (Ephesians 5:17). God isn’t a cosmic “confuser” of finite humans, but a loving, helpful Father guiding his children to obedience. God’s will is not a position in life but a \_\_\_\_\_<sup>352</sup> of the heart.



B. Five sign posts to seeing God's will clearly:

1. Instruction of \_\_\_\_\_:<sup>353</sup> discipline  
(II Timothy 3:16-17)

Four specific directives:

- a. Salvation (II Peter 3:9)
  - b. Separation from the world (Romans 12:2)
  - c. Sanctification (I Thessalonians 4:3)
  - d. Spirit of Thanksgiving (I Thessalonians 5:18)
2. Impulse of the \_\_\_\_\_:<sup>354</sup> discretion (Romans 8:27).

"Do not hastily ascribe things to God. Do not easily suppose dreams, voices, impressions, visions, or revelations to be from God. They may be from him. They may be nature. They may be from the devil. Therefore, believe not every spirit, but test the spirits whether they be from God."  
John Wesley

3. Input of \_\_\_\_\_:<sup>355</sup> directives (Daniel 1:8)
  - a. Parents
  - b. Pastor
4. Indicators of \_\_\_\_\_:<sup>356</sup> discernment (Acts 27:9-20)
5. Intent of the \_\_\_\_\_:<sup>357</sup> desires (I Samuel 1:17-18).

What are your interests, skills, drives, capabilities, or preferences?

C. Balance two important elements:

1. God's \_\_\_\_\_<sup>358</sup> (wisdom): direction and instruction
2. Good \_\_\_\_\_<sup>359</sup> (prudence): details and information

Our lives can be changed forever on the basis of one decision. How will you make your life's decisions – by the toss of the coin or by careful \_\_\_\_\_<sup>360</sup> of God's Word? May we say what the Lord Jesus Christ prayed in Matthew 26:39, "Nevertheless not as I will, but as thou wilt."





# How to Erase a Question Mark

## *Twelve Principles for Knowing Right from Wrong*

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1. Is it the \_\_\_\_\_<sup>361</sup> I could be involved in?  
(I Corinthians 6:12)
2. Will it bring spiritual bondage (or will it enslave)? (James 1:14-15; I Corinthians 6:12)
  - A. \_\_\_\_\_<sup>362</sup> leads to lust.
  - B. \_\_\_\_\_<sup>363</sup> leads to sin.
  - C. \_\_\_\_\_<sup>364</sup> leads to death.
3. Will it be a stumbling block to a Christian brother? (Romans 14:13; I Corinthians 3:12-13)
4. How will it affect my \_\_\_\_\_<sup>365</sup>? (I Corinthians 6:19-20; I Corinthians 10:31)
5. How will it affect my \_\_\_\_\_<sup>366</sup>? (Philippians 4:8)
6. Is it clearly \_\_\_\_\_<sup>367</sup> in God's Word? (James 1:22-25; I Samuel 15:22)
7. Will it do harm to the cause of Christ? (Philippians 2:15; I Thessalonians 5:22)
8. Would Christ do it? (I Peter 2:21)
9. Would it \_\_\_\_\_<sup>368</sup> the Holy Spirit? (Ephesians 4:30)
10. Will it make it easier or more difficult to \_\_\_\_\_<sup>369</sup>? (I Corinthians 9:27; II Corinthians 3:2)
11. Are there some people that I wouldn't want to know about it? (John 3:19-20)
12. Can I, in good conscience, \_\_\_\_\_<sup>370</sup> about this? (Luke 18:1)



# Where am I Aiming?

## *Seven Discipleship Targets*

Reasons why people might not be hitting the mark:

1. \_\_\_\_\_: <sup>371</sup> doesn't know where to aim.
2. \_\_\_\_\_: <sup>372</sup> not qualified to shoot.
3. \_\_\_\_\_: <sup>373</sup> doesn't know how to aim.
4. \_\_\_\_\_: <sup>374</sup> knows how to shoot, but is overwhelmed with the targets.

Evaluate yourself: put number 1 if fruitful (consistent), 2 if frustrated (inconsistent) or 3 if a failure (defeated) by each statement to indicate your present condition:

### **I. \_\_\_\_\_<sup>375</sup> on God: an unreserved lifetime commitment to God (Romans 12:1-2).**

- \_\_\_\_\_ A. How to know assurance of salvation (Romans 10:9; I John 5:13).
- \_\_\_\_\_ B. How to progressively mature.
  - \_\_\_\_\_ 1. By being Scripturally baptized (Matthew 3:13-17; Acts 8:38).
  - \_\_\_\_\_ 2. By staying active in a local Bible believing church (Hebrews 10:25; Psalm 122:1; Luke 4:16).
  - \_\_\_\_\_ 3. By reading and studying the Bible and getting something out of it (II Timothy 2:15; Psalm 119:18, 24).
  - \_\_\_\_\_ 4. By consistently memorizing and meditating on Scripture (Psalm 119:9-11, 15; Joshua 1:8).
  - \_\_\_\_\_ 5. By praying effectively (Luke 11:1-4; I Timothy 2:1-2; I Thessalonians 5:17).
  - \_\_\_\_\_ 6. By accurately recording a journal (I Kings 4:5).
- \_\_\_\_\_ C. How to be daily prepared as God's servant (Ephesians 6:11-18).
  - \_\_\_\_\_ 1. Daily dead to sin (Romans 6:11; Galatians 2:20).
  - \_\_\_\_\_ 2. Daily denying self (I Corinthians 15; Luke 9:23).
  - \_\_\_\_\_ 3. Daily dependent on the Holy Spirit (Ephesians 5:18).
  - \_\_\_\_\_ 4. Daily dressed as a soldier (Ephesians 6:11).
  - \_\_\_\_\_ 5. Daily desire to live by faith (Romans 1:17; 14:23).
- \_\_\_\_\_ D. How to exercise my spiritual gift (Romans 12:6; I Corinthians 12:1).
- \_\_\_\_\_ E. How to accept themselves as God's creation (Psalm 139:14-16; Ephesians 2:10).



**II. \_\_\_\_\_<sup>376</sup> to others: an unselfish, sacrificial love for others (I Corinthians 13; Mark 10:44).**

- \_\_\_\_\_ A. How to maintain a clear conscience daily (I Timothy 1:5, 19; I Peter 3:16).
- \_\_\_\_\_ B. How to permanently forgive others (Colossians 3:13; Matthew 18:35; Ephesians 4:31-32).
- \_\_\_\_\_ C. How to show gratitude (I Thessalonians 5:18; Luke 17:15).
- \_\_\_\_\_ D. How to have a cooperative spirit (Romans 12:16; Nehemiah 4:6).
- \_\_\_\_\_ E. How to treat others fairly (I Timothy 5:21; I Corinthians 16:17).
- \_\_\_\_\_ F. How to be tenderhearted (Ephesians 4:31-32).
- \_\_\_\_\_ G. How to be a godly marriage partner (Ephesians 5).
- \_\_\_\_\_ H. How to be a godly parent (Ephesians 6:4; Psalm 101:2).
- \_\_\_\_\_ I. How to display proper manners (Romans 12:10; I Peter 3:8-9).
- \_\_\_\_\_ J. How to keep from having a critical spirit (Psalm 1:1; Romans 12:19).
- \_\_\_\_\_ K. How to accept and thank God for authority (Hebrews 13:17; Ephesians 6:1).

**III. \_\_\_\_\_<sup>377</sup> a sustained daily effort to be controlled and directed by the Holy Spirit (I Timothy 4:7; I Corinthians 9:25-27).**

- \_\_\_\_\_ A. How to control my temper (Proverbs 25:28; Ephesians 4:26-27).
- \_\_\_\_\_ B. How to handle moral temptations (II Timothy 2:22; Romans 13:14; I Thessalonians 4:3-8).
- \_\_\_\_\_ C. How to give, spend, and save money (II Corinthians 9:7; Proverbs 3:9-10).
- \_\_\_\_\_ D. How to manage time (Ephesians 5:16; Psalm 90:12).
- \_\_\_\_\_ E. How to regulate eating habits (Proverbs 23:1-2).
- \_\_\_\_\_ F. How to think logically (II Timothy 2:15; Hebrews 4:12).
- \_\_\_\_\_ G. How to listen effectively (James 1:19; Proverbs 15:31).

**IV. \_\_\_\_\_<sup>378</sup> doing what I ought to do (I Corinthians 4:2; Proverbs 25:19).**

- \_\_\_\_\_ A. How to accept responsibility (I Corinthians 4:2; Acts 20:24).
- \_\_\_\_\_ B. How to do the little things (Luke 16:10; I Corinthians 15:58).
- \_\_\_\_\_ C. How to treat others' possessions (Luke 16:12; Genesis 39:6).
- \_\_\_\_\_ D. How to show initiative (Proverbs 6:6-8; II Corinthians 8:11).
- \_\_\_\_\_ E. How to do your best (Colossians 3:17; Ecclesiastes 4:10).



**V. \_\_\_\_\_:<sup>379</sup> the ability to see people and circumstances as they really are (Hebrews 5:14; I Corinthians 2:14).**

- \_\_\_\_\_ A. How to determine God's will (Ephesians 5:17; Matthew 26:39; James 4:15).
- \_\_\_\_\_ B. How to know God's timing (Proverbs 3:5-6; James 4:14).
- \_\_\_\_\_ C. How to pick proper friends (I Corinthians 15:33; Proverbs 13:20).
- \_\_\_\_\_ D. How to enjoy God's direction in dating, engagement, and marriage (I Corinthians 11:3; Proverbs 5-9).
- \_\_\_\_\_ E. How to maintain godly musical tastes (Ephesians 5:19; Psalm 95:1).
- \_\_\_\_\_ F. How to understand God's design for dress (I Peter 3:3-4; I Timothy 2:9).
- \_\_\_\_\_ G. How to live a separated life (James 4:4; II Corinthians 6:17).
- \_\_\_\_\_ H. How to ask penetrating questions (I Samuel 15:13-22).
- \_\_\_\_\_ I. How to differentiate between what is good and what is best (I Corinthians 6:12; 10:23; Philippians 1:9-10).

**VI. \_\_\_\_\_:<sup>380</sup> the ability to avoid words, actions, and attitudes which are not right (Psalm 112:5; Romans 13:14).**

- \_\_\_\_\_ A. How to control and use speech positively (James 3:5; Proverbs 21:23).
- \_\_\_\_\_ B. How to avoid unnecessary evil (I Thessalonians 5:22; Proverbs 14:16).
- \_\_\_\_\_ C. How to resist the devil (James 4:7; Matthew 4:3-11).
- \_\_\_\_\_ D. How to handle criticism and rejection (Matthew 5:11-12; Job 23:10).
- \_\_\_\_\_ E. How to accept others even if they are different (James 2:1; Matthew 7:1-2).

**VII. \_\_\_\_\_:<sup>381</sup> transferring convictions to others (Matthew 28:19-20; II Timothy 2:2)**

- \_\_\_\_\_ A. How to witness effectively (Proverbs 11:30; Daniel 12:3; Matthew 9:11-13; Luke 15:1-2).
- \_\_\_\_\_ B. How to develop and record a personal life philosophy (I Kings 4:5).
- \_\_\_\_\_ C. How to support missions (Acts 1:8; John 4:35).
- \_\_\_\_\_ D. How to train faithful men (II Timothy 2:2; I Corinthians 3:9-10).

***Are you hitting your target, or are there areas that need to be improved?***



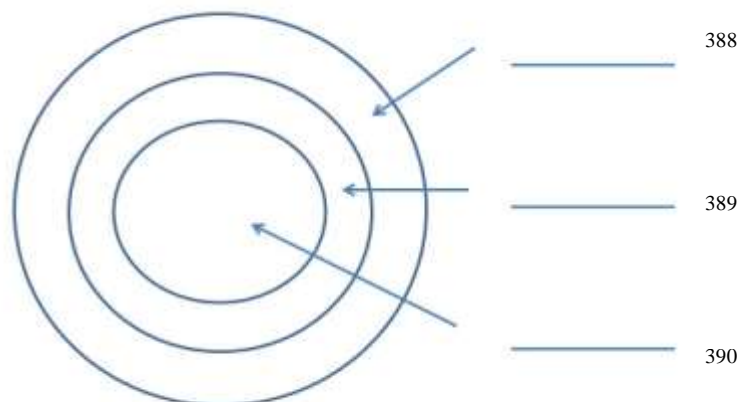
# Approaches in Counseling

People are as individual as their faces. A counselor must discern the individual's type, what approaches to take and then counsel them accordingly.

<u>Approaches</u>	<u>Types</u>	<u>OT Parallel</u> (Proverbs 1:22)
<b>I. Warn</b> Definition: _____ 382  Dynamics: Rebuke Korah (Numbers 16)	<b>Unruly</b> Definition: Out of Rank  Dynamics: _____ 383	<b>Scorner</b> Definition: Independent
<b>II. Comfort</b> Definition: _____ 384  Dynamics: Encourage Jesus (John 21; Luke 24:13-35)	<b>Feebleminded</b> Definition: Little-souled; fainthearted  Dynamics: _____ 386	<b>Simple</b> Definition: _____ 385
<b>III. Support</b> Definition: Hold him up firmly  Dynamics: Get behind Corinthian Church (Ephesians 4:14)	<b>Weak</b> Definition: No character; easily led astray  Dynamics: Without spiritual or moral strength	<b>Fool</b> Definition: _____ 387

Conclusion:

1. Don't prejudge
2. No cookie cutter clients
3. Show patience toward all men



## WORD LIST

### The Life of the Counselor

1. Principle
2. Power
3. God
4. Yourself
5. Others
6. Transforms
7. Time (Work)
8. Testimony (Walk)
9. Talking (Words)
10. To call near
11. Encourage
12. Earnest Appeal
13. Another Step Spiritually

### Categorizing Counseling

14. Formal
15. Informal
16. Professional
17. Personal Life
18. 10% of time
19. 90% of time
20. Prevention
21. Curative
22. Psychiatrist
23. Psychologist
24. Association
25. Reality
26. Treatment
27. Non-directive
28. Talking
29. Stumbles
30. Solution
31. Directive
32. Quickly
33. Advice
34. Biblical (balanced)
35. Share
36. Identify

37. Biblical solution
38. Sigmund Freud
39. Other's fault
40. Behavior Modification
41. Recondition
42. Rogerian
43. Resource in Self
44. Reality Therapy
45. Reality
46. Biblical
47. Man is Responsible
48. Does
49. Could
50. Convinces
51. Convicts
52. Parallel
53. Person
54. Passage
55. Pattern
56. Profitable
57. Right
58. Where
59. How
60. Stay

### First Steps in Counseling

61. Uncertainty
62. Unconfessed
63. Unconquered
64. Unrest
65. Unresolved
66. Unfaithfulness
67. Unsaved

### Tools in Counseling

68. Failure
69. Frustration
70. Fear
71. Forget
72. Forgive
73. Faith
74. Facts



75. Faith
76. Feeling
77. Fruit
78. Facts
79. Faith
80. Experience
81. Natural
82. Spiritual
83. Carnal
84. Failures
85. Fulfilled
86. Fear
87. Repentance

### A Biblical Overview of Guilt

88. Blame
89. Defend
90. Anger
91. Argumentation
92. Illness
93. Faith
94. Punish
95. Works
96. Feelings
97. Relationships
98. Remedy

### The Triumph Over Temptation

99. Timing
100. Exhaustion
101. Hungry
102. Angry
103. Lonely
104. Tired
105. Experience
106. Endeavor
107. Types
108. Pleasure
109. Pride/Power
110. Possessions
111. Doubts
112. Distress

113. Discouragement
114. Triumph
115. Recognize
116. Review
117. Rejoice

### Know Your Enemy

118. Conformity
119. Separation
120. Repel
121. Control
122. Sanctification
123. Run
124. Confusion
125. Steadfastness
126. Resist
127. Impossible

### Orchard of Desires

128. Morality
129. Materialism
130. Motives
131. "Abundance of idleness"
132. "Fullness of bread"
133. "Pride"
134. Fruit
135. Selfishness
136. Pick fruit
137. Spirit

### Fruits of Moral Impurity

138. Flesh
139. Authority
140. Criticizing
141. Discernment
142. Hates
143. Authority
144. Religion
145. Wrong
146. Control
147. Temper
148. Taste buds



- 149. Tongue
- 150. Time
- 151. Temptation
- 152. Thought life
- 153. Concentration
- 154. Lack
- 155. Constant
- 156. Sensual

### Steps to Moral Victory

- 157. Repentant
- 158. Recognize
- 159. Flee
- 160. Drawn away
- 161. Sin
- 162. Resist
- 163. Input
- 164. Think
- 165. Action
- 166. Habit
- 167. Realize
- 168. Renew
- 169. Reasons
- 170. Instincts/Habits
- 171. Controls
- 172. Negative
- 173. Scripture
- 174. Memorize
- 175. Meditate
- 176. Meditating
- 177. Rejoice

### The Fruit of Bitterness

- 178. Scope
- 179. Harbored Hurt
- 180. Source
- 181. Refuses
- 182. Removed
- 183. Change
- 184. Circumstances
- 185. Criticism
- 186. Pollution

- 187. Indifference
- 188. Body
- 189. Countenance
- 190. Soul
- 191. Spirit
- 192. Conformity or control
- 193. Healing
- 194. Confession
- 195. Resentment
- 196. Meaning
- 197. Rights
- 198. Conscience
- 199. Renounce
- 200. Expectations
- 201. Remove
- 202. Concentrate
- 203. Praise
- 204. Patterns

### Dealing with Abuse

- 205. Behavioral
- 206. Fears
- 207. Moodiness
- 208. Adults
- 209. Fear
- 210. Maturity
- 211. Fantasy
- 212. Suicide
- 213. Anger
- 214. Clinging
- 215. Stage
- 216. Recurring
- 217. Resent
- 218. Honesty
- 219. Part
- 220. Conscience
- 221. Meaning
- 222. Hurt
- 223. Right
- 224. Partaker
- 225. Verbally
- 226. Physically





- 227. Morally
- 228. Recognize
- 229. Identify
- 230. Wounds
- 231. Similar
- 232. Confidence

### The Remedy in Relationships

- 233. Seeds
- 234. Towards
- 235. Anger
- 236. Indifference
- 237. Hatred
- 238. Authorities
- 239. Communication
- 240. Outward
- 241. Bitterness
- 242. Parental
- 243. Respect
- 244. Restraint
- 245. Regard
- 246. Wrongs
- 247. Praise
- 248. Harmful
- 249. Word
- 250. Lifestyle
- 251. Painful
- 252. Profitable

### Fruits of Materialism

- 253. Temporal
- 254. World
- 255. Others
- 256. Religious
- 257. Externals
- 258. Today
- 259. Belongs
- 260. Priorities
- 261. Ownership
- 262. Account
- 263. Giving

### Steps to Counseling

- 264. Setting
- 265. Ease
- 266. Honesty
- 267. Confidentiality
- 268. Obtain
- 269. Questions
- 270. Probing
- 271. Conscience
- 272. Will
- 273. Bothering
- 274. Fear
- 275. Guilty
- 276. Failure
- 277. Frustration
- 278. Fear
- 279. Forgiveness
- 280. Forget
- 281. Faith
- 282. Listen
- 283. Look
- 284. Shocked
- 285. Pause
- 286. Repeat
- 287. Praise
- 288. Clarify
- 289. Unsaved
- 290. Physical
- 291. Disorder
- 292. Respectable
- 293. Real
- 294. Root
- 295. Clear
- 296. Direct
- 297. Bible
- 298. Accountability
- 299. Patient

### Maintaining Right Relationships

- 300. Definitions
- 301. Clean
- 302. Duty
- 303. Convict



- 304. Destruction
- 305. Judgmental
- 306. Testimony
- 307. Direction
- 308. Offenses
- 309. Pray
- 310. Avoid
- 311. Goal
- 312. If
- 313. Small
- 314. Afraid
- 315. Obedience
- 316. Meaningful

### Biblical Principles

- 317. Universal
- 318. Truth
- 319. Nature
- 320. Carnal
- 321. Cause
- 322. People
- 323. People's
- 324. Caused
- 325. Right
- 326. Wrong
- 327. Precepts
- 328. Personage
- 329. Patterns

### Convictions and Standards

- 330. Expression
- 331. Inward
- 332. Concise
- 333. Personal
- 334. Guidelines
- 335. Cultural
- 336. Condition
- 337. Continued maturity
- 338. Older
- 339. Badge
- 340. Critical
- 341. Motives

- 342. Legalism
- 343. Conflicts
- 344. Guidelines
- 345. Liberty
- 346. Written
- 347. Write
- 348. Principle

### The Fine Art of Decision Making

- 349. Made
- 350. Magnitude
- 351. Important
- 352. Condition
- 353. Scriptures
- 354. Spirit
- 355. Authorities
- 356. Circumstances
- 357. Heart
- 358. Leading
- 359. Logic
- 360. Consideration

### How to Erase a Question Mark

- 361. Best thing
- 362. Temptation
- 363. Lust
- 364. Sin
- 365. Body
- 366. Mind
- 367. Approved
- 368. Grieve
- 369. Witness
- 370. Pray

### Where am I Aiming?

- 371. Ignorance
- 372. Inadequate
- 373. Inexperienced
- 374. Indecisive
- 375. Dependence
- 376. Devotion
- 377. Discipline



- 378. Dependability
- 379. Discernment
- 380. Discretion
- 381. Discipleship

### Approaches in Counseling

- 382. Admonish
- 383. Rebellious

- 384. To calm, console
- 385. Immature
- 386. Discouraged
- 387. Ignorant
- 388. Weak
- 389. Discouraged easily
- 390. Rebellious

